

## **SITE NAME**

Week 1	Monday 4	Tuesday 5	Wednesday 6	Thursday 7
• Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	(ID CACFP) WG PATTY CAKE PANCAKE APPLESAUCE 1% MILK	VANILLA YOGURT PEACHES 1% MILK	(CN LABEL) EGG AND CHEESE BURRITO CANNED APRICOTS 1% MILK	COLD CEREAL – KIX BANANAS 1% MILK
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	HAMBURGERS GREEN SALAD CANTALOUPE CUBES WG HAMBURGER BUN 1% MILK	TUNA PATTY TROPICAL FRUIT CAULIFLOWER AND BROCCOLI 1% MILK	ULTIMATE FISH STICKS PEAS AND CARROTS STRAWBERRIES CN WG FISH STICKS 1% MILK	TACO SOUP WITH CHEESE KALE CHIPS PEACHES WG TORTILLA CHIPS 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	FRESH ORANGE WEDGES 1% MILK	SOUR CUCUMBER BITES 1% MILK	TORTILLA CHIPS SALSA 1% MILK	WG GOLDFISH CRACKERS 1% MILK
Week 2	Monday 11	Tuesday 12	Wednesday 13	Thursday 14
• Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	SCRAMBLED EGGS WITH CHEESE MIXED FRUIT WG TOAST 1% MILK	(USDA)  BANANA BREAD SQUARES  DICED MANGO 1% MILK	COLD CEREAL – FROSTED MINI WHEATS CANNED APPLES 1% MILK	WG ENGLISH MUFFINS CANNED APRICOTS 1% MILK
<ul> <li>LUNCH</li> <li>Meat or meat alternate</li> <li>Vegetables •Fruits/Veg</li> <li>Grains</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	(WR-2) CHICKEN ENCHILADA CASSEROLE GREEN BEANS PEAR SLICES WG CORN TORTILLAS 1% MILK	MACARONI AND CHEESE BROCCOLI FRESH APPLE WEDGES WG MACARONI NOODLES 1% MILK	TORTILLA ROLL UP CHERRY TOMATOES CANTALOUPE CUBES WG FLOUR TORTILLA 1% MILK	(IDAHO CACFP) TOASTED CHEESE SANDWICH TOMATO SOUP HONEYDEW CUBES PEAS WG BREAD 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits	WG GRAHAM CRACKERS APPLESAUCE 1% MILK	WG CHEEZ IT CRACKERS BANANAS 1% MILK	STRAWBERRY YOGURT STRAWBERRIES 1% MILK	BLUEBERRY MUFFINS (DAVE'S BAKERY) 1% MILK

\*All cold cereals served are based upon WIC cereal list THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



## **SITE NAME**

Week 3	Monday 18	Tuesday 19	Wednesday 20	Thursday 21		
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	SCRAMBLED EGGS WITH CHEESE STRAWBERRIES WG TOAST 1% MILK	(A-11B)  OATMEAL MUFFIN SQUARES (OR MUFFUNS)  CANTALOUPE CUBES 1% MILK	COLD CEREAL - CHEERIOS PEACHES 1% MILK	WG FRENCH TOAST STICKS APPLESAUCE 1% MILK		
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	(CN LABEL) THE MAX CHEESE PIZZA TROPICAL FRUIT CAULIFLOWER AND BROCCOLI WG CN LABELED PIZZA 1% MILK	(CNRB) SWEET AND SASSY CHICKEN RED AND GREEN BELL PEPPERS PINEAPPLE CHUNKS WG BROWN RICE 1% MILK	(F-12) BEEF SLOPPY JOE MIXED FRUIT GREEN BEANS WG HAMBURGER BUN 1% MILK	CHICKEN NUGGETS SWEET POTATO FRIES HONEYDEW CUBES WG DINNER ROLL 1% MILK		
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	FRESH APPLE WEDGES SUNBUTTER 1% MILK	REFRIED BEANS WG TORTILLA CHIPS 1% MILK	HANDS ON CEREAL BANANAS 1% MILK	FRESH CARROT STICKS WITH RANCH 1% MILK		
Week 4	Monday 25	Tuesday 26	Wednesday 27	Thursday 28		
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	Spring Break  No School					
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods						
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables  • Fruits  • Grains  • Fluid Milk						