



February 2024 Menu 12-36 Month Olds



SITE NAME

Week 1	Monday	Tuesday	Wednesday	Thursday 1
BREAKFAST • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods				COLD CEREAL – KIX BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods				TACO SOUP WITH CHEESE (WR-5) KALE CHIPS PEACHES BAKED WG TORTILLA STRIPS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk				WG GOLDFISH CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
Week 2	Monday 5	Tuesday 6	Wednesday 7	Thursday 8
BREAKFAST • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	SCRAMBLED EGGS WITH CHEESE MIXED FRUIT WG TOAST WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BANANA BREAD SQUARES (USDA) DICED MANGO WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL – FROSTED MINI WHEATS CANNED APPLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG ENGLISH MUFFINS CANNED APRICOTS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods	CHICKEN ENCHILADA CASSEROLE (WR-2) GREEN BEANS PEAR SLICES WG CORN TORTILLAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MACARONI AND CHEESE (D-20) BROCCOLI FRESH APPLE WEDGES WG MACARONI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	TORTILLA ROLL UP (D-09A) CHERRY TOMATOES CANTALOUPE CUBES WG FLOUR TORTILLA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	TOASTED CHEESE SANDWICH (IDAHO CACFP) TOMATO SOUP HONEYDEW CUBES PEAS WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk	WG GRAHAM CRACKERS APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG CHEEZ IT CRACKERS BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	STRAWBERRY YOGURT STRAWBERRIES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BLUEBERRY MUFFINS (DAVE'S BAKERY) (PFS) WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)

*All cold cereals served are based upon WIC cereal list
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SITE NAME

Week 5	Monday 26	Tuesday 27	Wednesday 28	Thursday 29
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	<p style="text-align: right;">(CN LABEL)</p> WG FRENCH TOAST STICKS APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	<p style="text-align: right;">(A-7)</p> SCRAMBLED EGGS WITH CHEESE WG FLOUR TORTILLAS PEACHES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG TOAST CANNED APRICOTS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL – CHEERIOS BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	<p style="text-align: right;">(D-13)</p> MEXICAN PIZZA GREEN BELL PEPPER HONEYDEW CUBES WG FLOUR TORTILLA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	<p style="text-align: right;">(USDA TEAM NUTRITION)</p> CHICKEN ALFREDO WITH A TWIST BROCCOLI ORANGE WEDGES WG ROTINI PASTA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	<p style="text-align: right;">(D-03A)</p> BEEF AND SPAGHETTI CASSEROLE GREEN BEANS MIXED FRUIT WG SPAGHETTI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	<p style="text-align: right;">(IDAHO CACFP)</p> CHICKEN NOODLE SOUP COOKED CARROTS TROPICAL FRUIT WG CN CHEESE BREADSTICK WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	<p style="text-align: right;">(IDAHO CACFP)</p> TRAIL MIX WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COTTAGE CHEESE MIXED FRUIT WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MANDARIN ORANGES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG GRAHAM CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)

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