

## **SITE NAME**

Week 1	Monday	Tuesday	Wednesday	Thursday 1
• Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods				COLD CEREAL – KIX BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
<ul> <li>LUNCH</li> <li>Meat or meat alternate</li> <li>Vegetables •Fruits/Veg</li> <li>Grains</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>				(WR-5) TACO SOUP WITH CHEESE KALE CHIPS PEACHES BAKED WG TORTILLA STRIPS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables  • Fruits  • Grains  • Fluid Milk				WG GOLDFISH CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
Week 2	Monday 5	Tuesday 6	Wednesday 7	Thursday 8
BREAKFAST  Grains, or meat/meat alternate (no more than 3 times per week)  Vegetables or Fruits Fluid Milk Other Foods	SCRAMBLED EGGS WITH CHEESE MIXED FRUIT WG TOAST WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(USDA)  BANANA BREAD SQUARES  DICED MANGO  WHOLE MILK (12-23 MONTHS)  OR 1% MILK (24-36 MONTHS)	COLD CEREAL – FROSTED MINI WHEATS CANNED APPLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG ENGLISH MUFFINS CANNED APRICOTS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
<ul><li>LUNCH</li><li>Meat or meat alternate</li><li>Vegetables</li><li>Fruits/Veg</li></ul>	(WR-2) CHICKEN ENCHILADA CASSEROLE GREEN BEANS	MACARONI AND CHEESE BROCCOLI	(D-09A) TORTILLA ROLL UP CHERRY TOMATOES	(IDAHO CACFP) TOASTED CHEESE SANDWICH TOMATO SOUP
<ul><li> Grains</li><li> Fluid Milk</li><li> Other Foods</li></ul>	PEAR SLICES WG CORN TORTILLAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	FRESH APPLE WEDGES WG MACARONI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	CANTALOUPE CUBES WG FLOUR TORTILLA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	HONEYDEW CUBES PEAS WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)



## **SITE NAME**

Week 3	Monday 12	Tuesday 13	Wednesday 14	Thursday 15
BREAKFAST  Grains, or meat/meat alternate (no more than 3 times per week)  Vegetables or Fruits  Fluid Milk  Other Foods	SCRAMBLED EGGS WITH CHEESE STRAWBERRIES WG TOAST WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(A-11B)  OATMEAL MUFFIN SQUARES (OR MUFFUNS)  CANTALOUPE CUBES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL - CHEERIOS PEACHES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG FRENCH TOAST STICKS APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
• Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods	(CN LABEL) THE MAX CHEESE PIZZA TROPICAL FRUIT CAULIFLOWER AND BROCCOLI WG CN LABELED PIZZA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(CNRB) SWEET AND SASSY CHICKEN RED AND GREEN BELL PEPPERS PINEAPPLE CHUNKS WG BROWN RICE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(F-12) BEEF SLOPPY JOE MIXED FRUIT GREEN BEANS WG HAMBURGER BUN WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(CN LABEL) CHICKEN NUGGETS SWEET POTATO FRIES HONEYDEW CUBES WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	FRESH APPLE WEDGES SUNBUTTER WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	REFRIED BEANS BAKED WG TORTILLA STRIPS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	HANDS ON CEREAL BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COOKED CARROT STICKS WITH RANCH WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
Week 4	Monday 19	Tuesday 20	Wednesday 21	Thursday 22
BREAKFAST  • Grains, or meat/meat alternate (no	President's Day	SCRAMBLED EGGS WITH CHEESE	CREAM OF WHEAT FARINA	BISCUITS AND SAUSAGE GRAVY
more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	r resident 3 Day	HONEYDEW CUBES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	CANNED APPLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	CANNED APRICOTS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
<ul><li>Vegetables or Fruits</li><li>Fluid Milk</li></ul>	No School	WHOLE MILK (12-23 MONTHS)	WHOLE MILK (12-23 MONTHS)	WHOLE MILK (12-23 MONTHS)



## **SITE NAME**

Week 5	Monday 26	Tuesday 27	Wednesday 28	Thursday 29
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	(CN LABEL) WG FRENCH TOAST STICKS APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(A-7) SCRAMBLED EGGS WITH CHEESE WG FLOUR TORTILLAS PEACHES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG TOAST CANNED APRICOTS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL – CHEERIOS BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	(D-13)  MEXICAN PIZZA  GREEN BELL PEPPER HONEYDEW CUBES WG FLOUR TORTILLA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(USDA TEAM NUTRITION) CHICKEN ALFREDO WITH A TWIST BROCCOLI ORANGE WEDGES WG ROTINI PASTA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(D-03A) BEEF AND SPAGHETTI CASSEROLE GREEN BEANS MIXED FRUIT WG SPAGHETTI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(IDAHO CACFP) CHICKEN NOODLE SOUP COOKED CARROTS TROPICAL FRUIT WG CN CHEESE BREADSTICK WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	(IDAHO CACFP) TRAIL MIX WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COTTAGE CHEESE MIXED FRUIT WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MANDARIN ORANGES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG GRAHAM CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)