



February 2024 Menu 3-5 Year Olds



SITE NAME

Week 1	Monday	Tuesday	Wednesday	Thursday 1
BREAKFAST • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods				COLD CEREAL – KIX BANANAS 1% MILK
LUNCH • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods				TACO SOUP WITH CHEESE KALE CHIPS PEACHES WG TORTILLA CHIPS 1% MILK (WR-5)
SNACK (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk				WG GOLDFISH CRACKERS 1% MILK
Week 2	Monday 5	Tuesday 6	Wednesday 7	Thursday 8
BREAKFAST • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods	SCRAMBLED EGGS WITH CHEESE MIXED FRUIT WG TOAST 1% MILK	BANANA BREAD SQUARES (USDA) DICED MANGO 1% MILK	COLD CEREAL – FROSTED MINI WHEATS CANNED APPLES 1% MILK	WG ENGLISH MUFFINS CANNED APRICOTS 1% MILK
LUNCH • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods	CHICKEN ENCHILADA CASSEROLE (WR-2) GREEN BEANS PEAR SLICES WG CORN TORTILLAS 1% MILK	MACARONI AND CHEESE (D-20) BROCCOLI FRESH APPLE WEDGES WG MACARONI NOODLES 1% MILK	TORTILLA ROLL UP (D-09A) CHERRY TOMATOES CANTALOUPE CUBES WG FLOUR TORTILLA 1% MILK	TOASTED CHEESE SANDWICH (IDAHO CACFP) TOMATO SOUP HONEYDEW CUBES PEAS WG BREAD 1% MILK
SNACK (Select two of these five components) • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk	WG GRAHAM CRACKERS APPLESAUCE 1% MILK	WG CHEEZ IT CRACKERS BANANAS 1% MILK	STRAWBERRY YOGURT STRAWBERRIES 1% MILK	BLUEBERRY MUFFINS (DAVE'S BAKERY) (PFS) 1% MILK

*All cold cereals served are based upon WIC cereal list
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SITE NAME

Week 5	Monday 26	Tuesday 27	Wednesday 28	Thursday 29
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	<p style="text-align: right;">(CN LABEL)</p> WG FRENCH TOAST STICKS APPLESAUCE 1% MILK	<p style="text-align: right;">(A-7)</p> SCRAMBLED EGGS WITH CHEESE WG FLOUR TORTILLAS PEACHES 1% MILK	WG TOAST CANNED APRICOTS 1% MILK	COLD CEREAL – CHEERIOS BANANAS 1% MILK
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	<p style="text-align: right;">(D-13)</p> MEXICAN PIZZA GREEN BELL PEPPER HONEYDEW CUBES WG FLOUR TORTILLA 1% MILK	<p style="text-align: right;">(USDA TEAM NUTRITION)</p> CHICKEN ALFREDO WITH A TWIST BROCCOLI ORANGE WEDGES WG ROTINI PASTA 1% MILK	<p style="text-align: right;">(D-03A)</p> BEEF AND SPAGHETTI CASSEROLE GREEN BEANS MIXED FRUIT WG SPAGHETTI NOODLES 1% MILK	<p style="text-align: right;">(IDAHO CACFP)</p> CHICKEN NOODLE SOUP COOKED CARROTS TROPICAL FRUIT WG CN CHEESE BREADSTICK 1% MILK
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	<p style="text-align: right;">(IDAHO CACFP)</p> TRAIL MIX 1% MILK	COTTAGE CHEESE MIXED FRUIT 1% MILK	MANDARIN ORANGES 1% MILK	WG GRAHAM CRACKERS 1% MILK

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