

## SITE NAME

Week 1	Monday	Tuesday	Wednesday	Thursday 1
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods				COLD CEREAL – KIX BANANAS 1% MILK
• Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods				(WR-5) TACO SOUP WITH CHEESE KALE CHIPS PEACHES WG TORTILLA CHIPS 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk				WG GOLDFISH CRACKERS 1% MILK
Week 2	Monday 5	Tuesday 6	Wednesday 7	Thursday 8
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	SCRAMBLED EGGS WITH CHEESE MIXED FRUIT WG TOAST 1% MILK	(USDA)  BANANA BREAD SQUARES  DICED MANGO 1% MILK	COLD CEREAL – FROSTED MINI WHEATS CANNED APPLES 1% MILK	WG ENGLISH MUFFINS CANNED APRICOTS 1% MILK
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	(WR-2) CHICKEN ENCHILADA CASSEROLE GREEN BEANS PEAR SLICES WG CORN TORTILLAS 1% MILK	MACARONI AND CHEESE BROCCOLI FRESH APPLE WEDGES WG MACARONI NOODLES 1% MILK	(D-09A) TORTILLA ROLL UP CHERRY TOMATOES CANTALOUPE CUBES WG FLOUR TORTILLA 1% MILK	(IDAHO CACFP) TOASTED CHEESE SANDWICH TOMATO SOUP HONEYDEW CUBES PEAS WG BREAD 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate	WG GRAHAM CRACKERS APPLESAUCE	WG CHEEZ IT CRACKERS BANANAS	STRAWBERRY YOGURT STRAWBERRIES 1% MILK	BLUEBERRY MUFFINS (DAVE'S BAKERY) 1% MILK

\*All cold cereals served are based upon WIC cereal list THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



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Week 3	Monday 12	Tuesday 13	Wednesday 14	Thursday 15
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	SCRAMBLED EGGS WITH CHEESE STRAWBERRIES WG TOAST 1% MILK	(A-11B)  OATMEAL MUFFIN SQUARES (OR MUFFUNS)  CANTALOUPE CUBES 1% MILK	COLD CEREAL - CHEERIOS PEACHES 1% MILK	WG FRENCH TOAST STICKS APPLESAUCE 1% MILK
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	(CN LABEL) THE MAX CHEESE PIZZA TROPICAL FRUIT CAULIFLOWER AND BROCCOLI WG CN LABELED PIZZA 1% MILK	(CNRB) SWEET AND SASSY CHICKEN RED AND GREEN BELL PEPPERS PINEAPPLE CHUNKS WG BROWN RICE 1% MILK	(F-12) BEEF SLOPPY JOE MIXED FRUIT GREEN BEANS WG HAMBURGER BUN 1% MILK	(CN LABEL) CHICKEN NUGGETS SWEET POTATO FRIES HONEYDEW CUBES WG DINNER ROLL 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	FRESH APPLE WEDGES SUNBUTTER 1% MILK	REFRIED BEANS WG TORTILLA CHIPS 1% MILK	HANDS ON CEREAL BANANAS 1% MILK	COOKED CARROT STICKS WITH RANCH 1% MILK
Week 4	Monday 19	Tuesday 20	Wednesday 21	Thursday 22
BREAKFAST  • Grains, or meat/meat alternate (no more than 3 times per week)  • Vegetables or Fruits  • Fluid Milk  • Other Foods	President's Day	SCRAMBLED EGGS WITH CHEESE HONEYDEW CUBES 1% MILK	CREAM OF WHEAT FARINA CANNED APPLES 1% MILK	BISCUITS AND SAUSAGE GRAVY CANNED APRICOTS 1% MILK
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	No School	(IDAHO CACFP) TUNA SALAD SANDWICH PEAS FRESH APPLE WEDGES WG BREAD 1% MILK	(D-5) OVEN BAKED PARMESAN CHICKEN TOMATO WEDGES FRUIT SALAD WG PARMESAN BREADSTICKS 1% MILK	GLAZED MEATLOAF ZUCCHINI CANTALOUPE CUBES WG DINNER ROLL 1% MILK

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Week 5	Monday 26	Tuesday 27	Wednesday 28	Thursday 29
BREAKFAST  Grains, or meat/meat alternate (no more than 3 times per week)  Vegetables or Fruits  Fluid Milk  Other Foods	(CN LABEL) WG FRENCH TOAST STICKS APPLESAUCE 1% MILK	(A-7) SCRAMBLED EGGS WITH CHEESE WG FLOUR TORTILLAS PEACHES 1% MILK	WG TOAST CANNED APRICOTS 1% MILK	COLD CEREAL – CHEERIOS BANANAS 1% MILK
LUNCH  • Meat or meat alternate  • Vegetables •Fruits/Veg  • Grains  • Fluid Milk  • Other Foods	(D-13)  MEXICAN PIZZA GREEN BELL PEPPER HONEYDEW CUBES WG FLOUR TORTILLA 1% MILK	(USDA TEAM NUTRITION) CHICKEN ALFREDO WITH A TWIST BROCCOLI ORANGE WEDGES WG ROTINI PASTA 1% MILK	(D-03A) BEEF AND SPAGHETTI CASSEROLE GREEN BEANS MIXED FRUIT WG SPAGHETTI NOODLES 1% MILK	(IDAHO CACFP) CHICKEN NOODLE SOUP COOKED CARROTS TROPICAL FRUIT WG CN CHEESE BREADSTICK 1% MILK
SNACK (Select two of these five components)  • Meat or meat alternate  • Vegetables • Fruits  • Grains  • Fluid Milk	(IDAHO CACFP) TRAIL MIX 1% MILK	COTTAGE CHEESE MIXED FRUIT 1% MILK	MANDARIN ORANGES 1% MILK	WG GRAHAM CRACKERS 1% MILK