

MAY 2022 MENU 12-36 Months

Site Name: _____

WEEK 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk •Other Foods 	(IDAHO CACFP)	COLD CEREAL* -General Mills Multigrain Cheerios PEACH SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(IDAHO CACFP)	OATMEAL MIXED BERRIES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(CNRB)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	F-12	D-10	WR RECIPE 14	(CNRB)	D-21A
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	EGG TOAD-IN-THE-HOLE FRESH FRUIT WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	TUNA PATTY TROPICAL FRUIT CAULIFLOWER & BROCCOLI WG BREAD STICK WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG PATTY CAKE PANCAKE APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	SWEET & SASSY CHICKEN PINEAPPLE CHUCKS RED PEPPER WG BROWN RICE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	OATMEAL MUFFIN SQUARE PEAR SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk •Other Foods 	(IDAHO CACFP)	WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(IDAHO CACFP)	WG GRAHAM CRACKER WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
WEEK 2	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk •Other Foods 	(IDAHO CACFP)	CREAM OF WHEAT FARINA MIXED BERRIES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG ENGLISH MUFFIN HONEYDEW SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(IDAHO CACFP)	YOGURT -Darigold Low Fat Vanilla STRAWBERRIES/MANGO WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 	(CNRB)	D-28A	WR-5	D-20	WR-02
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	SALMON PATTY RED BELL PEPPERS MANDARIN ORANGES WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BEEF MEATBALLS MASHED POTATOES BRUSSELS SPROUTS TROPICAL FRUIT WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	TACO SOUP W/ CHEESE KALE CHIPS PEACHES WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MACARONI & CHEESE FRESH MELON WEDGES ASPARAGUS WG MACARONI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	CHICKEN ENCHILADA CASSEROLE GREEN BEANS PEAR SLICES WG CORN TORTILLAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	RED/GREEN PEPPERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG BREAD STICKS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(IDAHO CACFP)	COTTAGE CHEESE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
	WG FANTABULOUS FRENCH TOAST APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BEEF MEATBALLS MASHED POTATOES BRUSSELS SPROUTS TROPICAL FRUIT WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG ENGLISH MUFFIN HONEYDEW SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	EGG & CHEESE BURRITO WG TORTILLA FRESH BANANA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MACARONI & CHEESE FRESH MELON WEDGES ASPARAGUS WG MACARONI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
	SALMON PATTY RED BELL PEPPERS MANDARIN ORANGES WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BEEF MEATBALLS MASHED POTATOES BRUSSELS SPROUTS TROPICAL FRUIT WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	TACO SOUP W/ CHEESE KALE CHIPS PEACHES WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MACARONI & CHEESE FRESH MELON WEDGES ASPARAGUS WG MACARONI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	CHICKEN ENCHILADA CASSEROLE GREEN BEANS PEAR SLICES WG CORN TORTILLAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
	WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	RED/GREEN PEPPERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG BREAD STICKS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	VEGGIE PIZZA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COTTAGE CHEESE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)

*All cold cereals served are based upon WIC cereal list
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MAY 2022 MENU 12-36 Months

Site Name:

WEEK 3	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	TOASTED WG BAGEL FRESH FRUIT WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	A-09B BISCUITS & SAUSAGE GRAVY MIXED FRUIT WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG TOAST PEACH SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL* -General Mills Kix BANANAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(CNRB) OATMEAL MUFFIN SQUARES PEAR SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Fluid Milk • Other Foods 	(CNRB) CHICKEN SLIDER CUCUMBER APPLE SLICES WG BUN WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	F-13 TOASTED CHEESE SANDWICH HONEYDEW CUBES TOMATO SOUP WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	D-09A FISH NUGGETS PEAR SLICES TOMATO WEDGES WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	F-07 TORTILLA ROLL-UP CUCUMBERS/YELLOW, RED PEPPERS FRESH ORANGE SECTIONS WG TORTILLAS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	D-23 PIZZA WITH GROUND BEEF TOPPING TROPICAL FRUIT CAULIFLOWER & BROCCOLI WG PIZZA CRUST WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	COOKED CHOPPED CARROT STICKS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	YOGURT -Darigold Low Fat Strawberry WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	MANDARIN ORANGES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG GRAHAM CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
WEEK 4	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	OATMEAL MIXED BERRIES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	(CNRB) OATMEAL MUFFIN SQUARE DICED MANGO WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	SCRAMBLED EGGS W/ CHEESE MIXED FRUIT WG TOAST WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	COLD CEREAL* -Kellog's Frosted Mini Wheats BLUEBERRIES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG TOAST TROPICAL FRUIT WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits/Veg • Grains • Fluid Milk • Other Foods 	D-03 BEEF & SPAGHETTI CASSEROLE MIXED FRUIT GREEN GARDEN SALAD WG SPAGHETTI NOODLES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	F-11 TUNA SALAD SANDWICH APPLESAUCE CELERY STICKS WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	D-09B CHICKEN NUGGETS CUCUMBERS/PURPLE CABBAGE FRESH ORANGE WEDGES WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	D-04A GLAZED MEAT LOAF PEACHES ZUCCHINI CAULIFLOWER TATER TOTS WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WR-07 TURKEY SANDWICH SWEET POTATO FRIES APPLESAUCE WG BREAD WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)
SNACK (Select two of these five components) <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables • Fruits • Grains • Fluid Milk 	WG CRACKERS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	BOILED EGGS WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	REFRIED BEANS WG TORTILLA WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	APPLESAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)	WG SOFT PRETZEL MARINA SAUCE WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)

*All cold cereals served are based upon WIC cereal list
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

MAY 2022 MENU 12-36 Months

Site Name:

WEEK 5	MONDAY 30	TUESDAY 31	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST <ul style="list-style-type: none"> • Grains, or meat/meat alternate (no more than 3 times per week) • Vegetables or Fruits • Fluid Milk • Other Foods 	CENTER CLOSED FOR HOLIDAY	COLD CEREAL* -General Mills Multigrain Cheerios PEACH SLICES WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)			
LUNCH <ul style="list-style-type: none"> • Meat or meat alternate • Vegetables •Fruits/Veg • Grains • Fluid Milk • Other Foods 		D-10 TUNA PATTY TROPICAL FRUIT CAULIFLOWER & BROCCOLI WG BREAD STICK WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)			
SNACK (Select two of these five components) • Meat or meat alternate •		WG DINNER ROLL WHOLE MILK (12-23 MONTHS) OR 1% MILK (24-36 MONTHS)			

*All cold cereals served are based upon WIC cereal list
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.